BIOACTIVE PRECISION PEPTIDES

MAKE WELLNESS MECHANISMS, EFFICACY, AND CLINICALS
JEN MILKS, PHD, MBA



WHY ARE PRECISION BIOACTIVE PEPTIDES SO IMPORTANT?

What are Peptides?

Peptides are information carriers- they carry biological information from one cell to another for everything in the body to function correctly.

Peptides are naturally occurring in the human body, and we know of at least 7,000 peptides found in the body. They are molecules consisting of amino acids and deliver messages to our cells and DNA. DNA is a matrix of inactive information waiting for peptides to deliver a message of either upregulating or down-regulating genes.

The body is constantly blending peptides and proteins which are actively involved in the regulation of our body's physiological processes.

Without them, we cannot exist.



PRECISION BIOACTIVE PEPTIDES REGULATE LIFE AT THE DEEPEST LEVEL.

- Effect on the function of cells.
- Increase activity of intracellular systems.
- Increase cell survival.
- Regulate stem cell division.
- Enhance recovery potential
- Regulate gene activity by reducing the activity of "bad" genes or if a "good" gene fades, activates it by stimulating protein reproduction- i.e., protein synthesis.

- The precision peptides in our formulations carry out the physiological correction of body functions and cell rejuvenation. Our bioactive peptides are organic substances discovered in nature that help our cells work properly and allow our bodies to heal and perform optimally. All this based on precise mechanisms, biochemical pathways, and genetic variations.
- Targeted Action: Our bioactive precision peptides are designed to interact with specific biological pathways, offering targeted therapeutic effects. This specificity can enhance the efficacy of nutraceuticals by directly addressing the underlying causes of various health conditions.
- Co-factors such as vitamins and minerals help support bioactive peptides and their ability to influence how our cells and body function- both being necessary for life.



MACHINE LEARNING DISCOVERY OF BIOACTIVE PEPTIDES IN NATURE.

Al-derived bioactive peptides from nature: Intelligence tool which allows us to discover unique bioactive peptides faster and deliver simpler, quicker, and more powerful innovation. Our method is 10 x faster than traditional methods of discovery and 600 x more accurate. The 6-step process allows us to produce the most versatile, efficacious, safe, precise, and unique bioactive peptides.

- 1. Understand: determine required biochemical pathways.
- 2. Identify: Screen for the most effective peptides in nature.
- 3. Refine: Apply filters to select the best peptides.
- 4. Confirm: Produce a sample of the peptide and test on cells.
- 5. Validate: Unlock the natural network and test on humans.
- 6. Produce: Patent and produce peptides to be formulated with synergistic co-factors.



FORMULA ONE: FIT (MODE OF ACTION)

Pathways:

Activation of mTOR and mTORC1

Produces Myostatin Inhibition

Increases Protein Synthesis

TNF-a reduction

MURF11 (reduction of muscle protein breakdown)

Glucose homeostasis

ATP/NAD+

SIRT Activation

Methyl donor of homocysteine and methionine

- Increases muscle protein synthesis
- Reduces muscle protein breakdown
- Reduces exercise induced inflammation
- Supports energy homeostasis
- Activates proteins that are vital to cellular functioning
- Increases endogenous levels of NAD+
- Regulates cellular metabolism and energy production
- Supports over 100 enzymatic functions related to protein synthesis
- Supports Methylation (MTHFR)



FIT EFFICACY CLAIMS AND CLINICAL TRIALS



54.3% reduction in lean muscle loss



60% reduction in muscle atrophy inflammation



60% reduction in IL-6



144% increase in muscle strength recovery rate



47% reduction in muscular fatigue



54% increase in performance



Increase NAD+ levels by 2.7-fold



Increases BMD by 1% via DEXA scan within 56 days



FORMULA TWO: LEAN (MODE OF ACTION)

Pathways:

Gut-Brain Axis by regulating mediators of appetite

Ghrelin regulation

Leptin release from adipocyte

Neuromediator Y (NPY) reduction

Adipocyte level (fat storage)

Boosts release of Free Fatty Acids (FFAs)

Lipolysis

Inhibition of PDE-3 (stronger heart)

Increases cAMP [Cyclic adenosine monosphate]

- Decrease cravings by regulating the balance between ghrelin and leptin
- Mimics the phenotype change from white to beige that occurs in adipose cells
- Stored energy to metabolism-driven cells
- Prevents further storage of fat within adipose tissue
- Enhances physiological lipolysis, boosting release of FFAs
- Inhibition of PDE-3 leading to higher levels of cAMP
- Increases the breakdown of triglycerides
- Intensifies FFA metabolism through UCPs expression
- Promotes higher expression of uncoupling protein in beige adipose tissue



LEAN EFFICACY CLAIMS AND CLINICAL TRIALS

100% weight loss from fat mass documented by computed tomography

Abdominal fat and waist circumference decrease significantly

6% reduction in fat mass

2-inch waist circumference reduction

Rebalanced body composition to have more muscle mass and less fat mass

Increases metabolic rate

65% of total fat loss from trunk area

Continued to lose weight and reduce body fat mass after 20 weeks of supplementation



FORMULA THREE: ENERGIZED (MODE OF ACTION)

Pathways:

Increases serotonin and dopamine

Production of ATP

Modulates mitochondrial bioenergetics

Balances Cortisol levels

Precursor to Catecholamines: dopamine, norepinephrine, and epinephrine

Amino acids attached to peptide bond to enhance bioavailability and absorption

Precursor to Neurotransmitters including tyrosine

Stimulates CNS

Supports CYP1A2

- Increases energy production at the cellular level
- Supports adrenal gland function
- Involved in ATP production and energy metabolism
- Maintains mental performance under stress
- Reduces mental fatigue
- Preserves glycogen storage to be used for energy
- Influences mood and motivation
- Increases alertness, reduces fatigue
- Sustained release: no rapid spike or crash



ENERGIZED EFFICACY CLAIMS AND CLINICAL TRIALS

Increases serotonin and dopamine levels to increase energy

Supports adrenal gland function, balances cortisol levels

Improves cognitive performance

Reduces mental fatigue

Improved energy without the jitters

95% confidence interval in RCTs

Production of ATP energy

pH regulation in the body

Maintains mental performance under stress

Sustained release natural caffeine which does not negatively affect caffeine metabolism



FORMULA FOUR: FOCUSED (MODE OF ACTION)

Pathways:

Cerebral circulation

Modulates dopamine, serotonin, and norepinephrine

Reduces oxidative stress

Neuroprotection by preventing neuronal damage

Increase efficiency of nerve impulse transmission

Enhances synaptic communication

Promotes growth of dendrites

Glucose metabolism

Lowers cortisol

Increases BDNF

Improves contrast sensitivity

- Improves cerebral circulation which improves blood flow to the brain and increases delivery of nutrients to brain cells
- Balances Neurotransmitters which play a crucial role in mood regulation, alertness, and focus
- Reduction of Oxidative stress: Protection of brain cells for mental clarity and detoxing from the BBB
- Neuroprotective: Prevents neuronal damage and preserves cognitive function and improves focus
- Improves memory and attention for better performance
- Increases BDNF which plays a crucial role in neuronal health and brain plasticity
- Enhances glucose metabolism in the brain to ensure sufficient energy to brain cells
- Supports structural integrity and fluidity of cell membranes in the brain
- Improved visual performance



FOCUSED EFFICACY CLAIMS AND CLINICAL TRIALS

Improves blood flow to the brain

Increases delivery of nutrients through the Blood Brain Barrier (BBB) Influences dopamine, serotonin, and norepinephrine for alertness, focus, and mood regulation Antioxidants protect brain cells from oxidative stress to improve mental clarity

Preserves cognitive function

Improves focus

Improved memory and attention

Reduces mental fatigue

Increases efficiency of nerve impulse transmission

Increases BDNF

Ensures the brain has sufficient energy for better performance

Enhances memory

Improved attention and processing speed

Short-term memory support

Long-term memory support

Improves eye strain and fatigue



FORMULA FIVE: HYDRATED (BIOACTIVE PEPTIDE SUPPORT)

Pathways:

Synthesis and Activation

Transport and Signaling

Structural Integrity

Fluid balance

Nerve signaling

Absorption

- Adequate levels of electrolytes which ensure enzymes involved in the synthesis and activation of bioactive peptides
- Crucial electrolytes for proper transport of peptides across cell membranes and signaling pathways
- Maintains the structural integrity of bioactive peptides
- Maintains fluid balance and hydration with the proper amount of electrolytes
- Essential for muscle function and nerve signaling
- Faster hydration than water alone
- Composition similar to human plasma, making it an effective hydration drink.



HYDRATED EFFICACY AND SUPPORT CLAIMS

Electrolytes so support bioactive peptides and ensure cellular hydration

Natural source of hydration

Maintains structural integrity of bioactive peptides

Proper transport of bioactive peptides across cell membranes

Maintains fluid balance

Maintains muscle function

Maintains nerve signaling



FORMULA SIX: CALM (BIOACTIVE PEPTIDE SUPPORT)

Pathways:

Enhances gamma-aminobutyric acid (GABA)

Oxidative Stress (ROS)

Reduction of Cortisol

Alpha Brain Waves

Serotonin and Dopamine

COMT

GAD1

- Enhances the activity of GABA to promote relaxation and anxiety. Calms the CNS to reduce overstimulated brain activity.
- Protects the body from oxidative stress which contributes to an overall sense of calmness.
- Lowers cortisol levels to balance mood and create a sense a calm. (Pull out of fight or flight) Will support HRV level.
- Promotes the generation of alpha brain waves which leads to a state of relaxed alertness.
- Helps the body adapt to stress and maintain balance. Improving resilience to stress and enhancing mood.
- Supports healthy regulation of genetic variations which can lead to chronic stress.



CALM EFFICACY AND SUPPORT CLAIMS

PROMOTES RELAXATION

REDUCES CORTISOL LEVELS SUPPORTS GABA LEVELS TO CALM THE CNS

MOOD REGULATION IMPROVES THE BODY'S OVERALL ENVIRONMENT BY REDUCING STRESS



NEXT-GENERATION NUTRACEUTICALS

Al and ML to enhance the efficacy, safety, and intention in our formulations and products

Less ingredients

Activated co-factors, coenzymes, and molecules to enhance mechanisms

Focus on biochemical pathways, SNPs, and biological reactions through discovery process and formulations

Endless possibilities as there are trillions of bioactive peptides in nature

Rigorous validation and scientific methods: tested on human tissues, bypassing the GI system, then human clinical trials

No unwanted, unhealthy, inactive ingredients

Delivery systems based on enhanced therapeutic effects. No pill fatigue.

Ongoing research continues to uncover new bioactive peptides and their potential health benefits. Innovations in peptide technology, including enhanced delivery systems and stabilization techniques, are expanding their applications in nutraceuticals.

